

# **EBERE AZUMAH, MD, MPH, ACC, FACOG**

[Ebereazumah@yahoo.com](mailto:Ebereazumah@yahoo.com) | 734-730-0329 | Mount Rainier, MD | [www.linkedin.com/in/DrAzumah/](http://www.linkedin.com/in/DrAzumah/) | [www.azumahsolutions.com](http://www.azumahsolutions.com)

## **Professional Summary**

Board Certified **Obstetrician and Gynecologist** with over eight years of experience. Also, provided two years of free Community Education and Coaching as the Co-Founder and President of a girl's empowerment organization called Love Your Menses, Inc. Initiated a monthly webinar called Healthy and Uplifted in 2020 as an educational support group for women during the COVID pandemic. Trained **Project Management** and a **Media Public Relations Certified Professional**. Trained and certified Life and Executive Coach.

## **EDUCATION**

<b>Harvard T. H Chan School of Public Health</b> , Boston MA <i>Master of Public Health</i> , Health Management Concentration	May 2019
<b>Wayne State University School of Medicine</b> , Detroit MI <i>Doctor of Medicine</i>	May 2010
<b>University of Michigan</b> , Ann Arbor, MI <i>Bachelor of Science</i> , Biology & Afro-American and African Studies	May 2004

## **POSTGRADUATE MEDICAL TRAINING**

<b>Long Island Jewish-Northwell School of Medicine</b> , New Hyde, NY <i>Chief Resident/ Resident</i> , Obstetrics and Gynecology	March 2012-June 2014
<b>University of Missouri-Kansas City School of Medicine</b> , Kansas City, MO <i>Intern</i> , Obstetrics and Gynecology	July 2010-March 2012

## **CLINICAL EXPERIENCE**

<b>Moore ObGyn</b> <i>Attending Physician</i> of Obstetrics and Gynecology	Jan 2022- Present
<b>Pregnancy Aid Center (Volunteer)</b> <i>Attending Physician</i> of Obstetrics and Gynecology	October 2021-Present
<b>Mohawk Valley Health Systems aka Faxton St. Luke's Healthcare</b> <i>Attending Physician</i> of Obstetrics and Gynecology	July 2018- June 2021
<b>Locums Tenens</b> , Alpharetta GA <i>Attending Physician</i> of Obstetrics and Gynecology	March 2018-October 2019
<b>Unity Health Care</b> , Washington, DC <i>Attending Physician</i> of Obstetrics and Gynecology	December 2014-July 2018
<b>Providence Hospital</b> , Washington, DC <i>Attending Physician</i> of Obstetrics and Gynecology	October 2014-December 2017

- Peer Review Chair: Investigated and identified cause of adverse medical events, made recommendations based on evaluation
- Mentored, taught, and supervised Family Medicine and OB-GYN residents
- Co-chair: Managed Continuing Medical Education (CME) program for staff: developed curriculum; organized guest lecturers
- Supervised in-house midwifery team

## **PROFESSIONAL EXPERIENCE, LEADERSHIP, RESEARCH & FIELD EXPERIENCE:**

<b>Azumah Solutions LLC</b> , Mount Rainier, MD <i>Mentor/Executive and Wellness Coach</i>	April 2018-Present
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- Help medical students of color and physicians with their career development and navigating the clinical environment
- Help professionals find balance between their career and their wellness
- Created a monthly Community Education Webinar to bring subject matter experts to discuss evidence-based health and holistic practices that will uplift our communities.

- Healthy and Uplifted, Inc, Maryland** June 2020-Present  
*President, Co-Founder*
- Founder and Creator of the organization
  - Provides Monthly Evidence-Based Educational Webinar
  - Creates and operate a YouTube Channel called Healthy and Uplifted
  - Provides affordable speaking engagement for the community
  - Provides Global Health and Empowerment Programs for African Countries
- Love Your Menses, Inc, Boston MA** May 2019-Present  
*President, Board Chair and Co-Founder (Volunteer Position)*
- Co-Founder and creator of the organization
  - Scaled the organization into seven countries
  - Co-created an App found on Apple and Android devices called OurFlow
  - Co-created a Postpartum Program for Mothers
  - Annual Menstrual Global Health and Wellness Retreat
  - Community Partners for **Harvard University** for their Menstrual Equity Project (2022)
  - Organization serves as a community partner for Boston University Public Health Program
- Association of Nigerian Physicians in the Americas,** June 2022- Present  
*Chair of the DC-MD-VA Chapter (Volunteer Position)*
- Recruit and increase membership
  - Organize programs that motivate the members
  - Organize and lead Community Service Projects
  - Provide a Health and Wellness Platform for members
- Deloitte-Harvard Internship Project, Boston, MA** November 2018-May 2019  
*Project Manager and Researcher*  
Scaling up Chimeric Antigen Receptor-T Cell Immunotherapy to all patients that are refractory to standard treatment of Acute Leukemia and Lymphoma.
- Using research to determine non-traditional pathways to scale up personalized medicine for every patient especially those with limited financial means
  - Created qualitative survey for subject matter experts
- Community Health Center, Boston, MA** September 2018-May 2019  
*Project Manager and Researcher*
- Developed mixed method survey for providers in community health center for quality improvement
  - Analyzed the data obtained
  - Provided recommendations to improve provider retention
- Nigerian Student Association, Harvard T. H. Chan School of Public Health** September 2018- May 2019  
*President*
- Created a close-knit community of Nigerian students
  - Hosted various Community Awareness events such as World AIDS Day and World Malaria Day
  - Created and managed the budget for the organization and events
  - Collaborated with other student groups to hosts educational programs
- Team FEMR, Humanitarian EMR Startup** August 2015-2021  
*Board member, treasurer*
- Worked with team on scaling this software to participants of medical mission trips.
  - Assisted in crafting ways to increase the operability of the Software
- US Medical Mission Group (USMMG), Humanitarian Medical Mission** August 2018-Present  
*Board Member, Public Relations Chair*

- Provided Public Relations need for the organization
- Recruited and advocated for the organization through social media marketing
- Assisted in planning and organizing humanitarian medical mission trips to Nigeria and Jamaica
- Fundraised for medical mission trips

### **PRESENTATIONS & PUBLICATIONS**

1. Becoming a Physician Leader, 11/2021
2. Understanding My Menstrual Flow for Love Your Menses 2020, 2021
3. How to Become a Youth Community Leader for FlowTech4Girls STEAM Program 2021
4. Vaginal Health Panel for Women's Voices for the Earth Conference 2021
5. The Lactation Caregiver Self-Care Guide, Mohawk Valley Lactation Group Conference 2021
6. Black women bodies are not Broken, a conversation on Black Maternal Mortality, Mohawk Valley Perinatal Network Conference 2021
7. Can Doulas get along with Obstetricians, Dona Doula conference 2019, 2021
8. Harvard School of Public Health Practicum Presentation: Evaluating a Boston Community Health Center Providers' Reasons for leaving the Organization April 2019
9. Deloitte-Harvard Research Presentation: Scaling up CAR-T Immunotherapy to all United States patients by creating awareness and buy-in from Community Hospital Oncologists, April 2019
10. Decreasing Provider turn-over rate in Community Health Center using Organizational behavior framework, Harvard School of Public Health 2018
11. Management of PPRM, Providence Hospital CME Presentation 2017
12. Management of Labor for Non-Obstetricians, Unity Health Care Parkside DC 2017
13. Management of Abnormal Fetal Heart tracing, Providence Hospital CME Presentation 2016
14. Management of Anemia in Pregnancy, Providence CME Presentation 2015
15. Cohen Lectureship Presentations: Comparing the effect of titrated Oral Cytotec versus Vaginal Cytotec for shortening time of cervical induction 2014
16. Huff P.M, Wilf P, Azumah E J. Digital future for paleoclimate estimation from fossil leaves. Palaios. 2003 Aug; 18: 266-274

### **HONORS AND AWARDS**

CEO Today Magazine, Executive Coaching Awards Winner 2022  
 Harvard School of Public Health grant for Student Innovation 2018  
 University of Michigan, MAD award for making a difference in Health Care 2018  
 Wayne State School of Medicine Scholarship to Ethiopia for Medical Mission 2009  
 Wayne States University Ethiopian medical mission scholarships 2009  
 Silent Heroes award Detroit Michigan for distinguished service 2009  
 Congressional certificate of special congressional recognition for outstanding and invaluable service to the community 2009

### **MEMBERSHIPS/AFFILIATIONS**

American Board of Quality Assurance and Utilization Review Physicians  
 DONA international doula  
 American College of Obstetrics & Gynecology (ACOG)  
 National Medical Association (NMA)

### **SKILLS/CERTIFICATIONS**

**Skills:** Life Coaching, Negotiation and Mediation Coach, Microsoft Office, highly proficient in Excel, PowerPoint, Social media marketing and content creation.

**Certifications:** Trained in Project Management 09/2021

American Board of Obstetrics and Gynecology, 01/16/2018- 12/31/2022

International Coach Federation: Associate Certified Coach, 1/2/2019-12/31/2022