

Trauma Surgery || Acute Care Surgery || Surgical Critical Care

# **Demographics and Personal Information**

Current Position: Staff Surgeon Henry Ford Hospital, Detroit, MI Department of Surgery Division of Acute Care Surgery

Clinical Assistant Professor of Surgery, MSU CHM Henry Ford Hospital 2799 W. Grand Blvd Clara Ford Pavilion 115 Detroit, MI 48202

Office: 313-916-3057 Fax: 313-916-8007 Cell: 313-492-8436 Pronouns: He/Him

Date of Birth: 12/25/1988 Place of Birth: Baku,

Azerbaijan Citizenship: USA

Spouse: Gabrielle Rakitin Children: Nathan and Ilan

## **Education and Training**

9/2007 – 10/2010 Bachelor of Science in Biological Sciences Departmental and University Honors; Summa Cum Laude Wayne State University (WSU), Detroit, MI

8/2011 – 6/2015 Doctor of Medicine

Wayne State University School of Medicine (WSUSOM), Detroit, MI

7/2015 – 6/2016 Internship, General Surgery

Program Director: Ann M. Woodward, MD

Henry Ford Hospital/Wayne State University School of Medicine, Detroit, MI

7/2016 - 6/2020 Resident, General Surgery

Program Director: Ann M. Woodward, MD

Henry Ford Hospital/Wayne State University School of Medicine, Detroit, MI

7/2019 – 6/2020 Administrative Chief Resident, General Surgery

Program Director: Ann M. Woodward, MD

Henry Ford Hospital/Wayne State University School of Medicine, Detroit, MI

8/2020 – 7/2021 Clinical Fellow, Surgical Critical Care

Program Director: Sara Buckman, MD, PharmD, FACS

Washington University School of Medicine and Barnes-Jewish Hospital

# **Career Information**

## **Academic Appointments**

2022 – Present Clinical Assistant Professor of Surgery Michigan State University College of Human Medicine

## **Hospital Appointments**

8/2021 – Present Staff Surgeon

Henry Ford Hospital, Detroit, MI

Department of Surgery, Division of Acute Care Surgery

3/2022 – Present Staff Surgeon

Henry Ford West Bloomfield Hospital, West Bloomfield, MI

Department of Surgery

### **Board Certification**

11/2020 - Present	ABS Board Certification in General Surgery, #067069
10/2021 - Present	ABS Board Certification in Surgical Critical Care, #005267

### Licensure

7/2015 - 7/2020	Michigan Medical License, Educational Limited License
8/2020 - 1/2022	Missouri Medical License, Full Unrestricted
6/2021 – Present	Michigan Medical License, Full Unrestricted

### Certifications

6/2017	Fundamentals of Endoscopic Surgery (FES) Certified
6/2018	Fundamentals of Laparoscopic Surgery (FLS) Certified
5/2015 – Present	Basic Life Support (BLS) Certified
6/2015 – Present	Advanced Cardiac Life Support (ACLS) Certified
6/2015 – Present	Advanced Trauma Life Support (ATLS) Certified
2/2018 – Present	Stop The Bleed Instructor Certification

# Recognition

2010	Phi Beta Kappa Honor Society
2010	Departmental Graduate Honors
2010	Summa Cum Laude Graduate
2011 - 2013	Board of Governors Medical Scholarship
2013	Second Place Winner 2013 WSUSOM Student Research Symposium

#### Curriculum Vitae

2017 - 2018	WSUSOM Resident Teaching Award
2019 - 2020	Administrative Chief Resident of General Surgery
2020	Henry Ford Hospital Outstanding Resident Award Nominee
2021	Washington University Sicard Fellow Teaching Award Nominee

### Research Activities

### **Publications**

- 1. Jesse MT, Fei N, Goldstein E, **Rakitin I**, Shama L, Hall F, Ghanem T. *Head and Neck Cancer Screenings and Human Papillomavirus Knowledge Across Diverse Suburban and Urban Populations*. American Journal of Otolaryngology. 2015 Mar-Apr;36(2):223-9. doi: 10.1016/j.amjoto.2014.10.037. Epub 2014 Nov 6. PMID: 25465321
- 2. Karamanos E, **Rakitin I,** Dream S, Siddiqui A. *Nerve Transfer Surgery for Penetrating Upper Extremity Injuries*. Permanente Journal. Vol 22. No 2. PMID 29702048
- 3. Lehrberg A, Nathanson D, Baidoun F, Petersen L, Susick L, Davis M, Ivanics T, **Rakitin I**, Bensenhaver J, Proctor E, and Newman L. Outcome of African American (AA) compared to white American (WA) patients with early-stage breast cancer, stratified by phenotype. Ann Surg Oncol 2018; 25(1 Suppl):S87.
- 4. Ivanics T, Petersen L, Nathanson D, Davis M, Susick L, Lehrberg A, **Rakitin I**, Bensenhaver J, Proctor E, and Newman L. Frequency of sentinel lymph node (SLN) metastases in triple negative breast cancer (TNBC) versus non-TNBC. Ann Surg Oncol 2018; 25(Suppl 1):S92.
- 5. **Rakitin I**, Quigg M, Nyhuis M, Petersen L, Nathanson D, Davis M, Susick L, Proctor E, Bensenhaver J, and Newman L. Impact of national comprehensive cancer network (NCCN) genetic testing guidelines on genetic counseling referral patterns for triple negative breast cancer (TNBC) patients. Ann Surg Oncol 2018; 25(1 Suppl):S43.
- 6. **Rakitin I**, Stanton C, Dix M, Ziegler N, Stassinopoulos J, Johnson J, Schmoekel N. Does Time of Day Matter for Acute Cholecystectomy in an Acute Care Surgery Model?. Surgical Endoscopy 2019; 33:P025.
- 7. Lehrberg A, Davis MB, Baidoun F, Petersen L, Susick L, Jenkins B, Chen Y, Ivanics T, **Rakitin I**, Bensenhaver J, Proctor E, Nathanson SD, and Newman LA. Outcome of African-American compared to White-American patients with early-stage breast cancer, stratified by phenotype. Breast J 2021.

### **Oral Presentations**

- 1. **Rakitin I,** Quigg M, Nyhuis M, Petersen L, Nathanson D, Davis M, Susick L, Proctor E, Bensenhaver J, Newman L. *Impact of National Comprehensive Cancer Network (NCCN) genetic testing guidelines on genetic counseling referral patterns for triple negative breast cancer (TNBC) patients (pts). Podium Presentation: Annual Society of Surgical Oncology Symposium. Chicago, IL, USA. March 2018*
- 2. **Rakitin I,** Karamanos E, Rubinfeld I, Atisha D. *Neoadjuvant chemotherapy is not associated with increased risk of complications in immediate autologous breast reconstruction.* Podium Presentation: Henry Ford Hospital Medical Education Research Forum. Detroit, MI. May 2018

#### Curriculum Vitae

- 3. **Rakitin I,** Karamanos E, Rubinfeld I, Atisha D. *Neoadjuvant chemotherapy is not associated with increased risk of complications in immediate autologous breast reconstruction.* Podium Presentation: Michigan Chapter American College of Surgeons Annual Meeting. Traverse City, MI. May 2018
- 4. **Rakitin I,** Stanton C, Dix M, Ziegler N, Stassinopoulos J, Obeid N, Johnson J, Schmoekel N. *Does Time of Day Matter for Acute Cholecystectomy in an Acute Care Surgery Model?* Oral Presentation: Medical Education Research Forum. Detroit, MI. May 2019

#### Poster Presentations

- 1. Morgan J, Brewer R, Nemeh H, Henry S, **Rakitin I**, Fei N, William C, Lanfear D, Tita C, Velez M, Selektor Y, Paone G. *Lessons Learned From 130 Continuous Flow Left Ventricular Assist Devices: A Single Institutional 6-Year Experience*. Second Place Winner: 2013 Wayne State University School of Medicine Medical Student Research Symposium. February 2013
- 2. **Rakitin I,** Stanton C, Dix M, Ziegler N, Stassinopoulos J, Obeid N, Johnson J, Schmoekel N. *Does Time of Day Matter for Acute Cholecystectomy in an Acute Care Surgery Model?* Poster Presentation: 2019 SAGES Annual Meeting. Baltimore, MD. April 2019

#### Other Research Activities

1/2010 – 4/2010 Laboratory Research Assistant

Assisted in the research of arrhythmias and spinal cord injuries by independently running experiments, properly caring for lab animals, and dissecting and isolating rat hearts. Preceptor: Dr. Stephen E. DiCarlo, M.D, Ph.D

WSUSOM, Detroit, MI

3/2012 – 6/2015 Clinical Research Assistant, Otolaryngology and Plastic Surgery Preceptor: Michelle T. Jesse, M.A.

Acquired data and surveyed patients on projects regarding tinnitus treatment and impact on patients' lives, and patient satisfaction post head and neck cancer surgical treatment

Preceptor: Dr. Donald Ditmars, M.D.

Updated and modernized the plastic surgery residency curriculum, developed a prototype 3D printed arm dissection model for residency training, and developed a study analysis plan for the use of Botox in treatment of Raynaud's Disease

Preceptor: Dr. Aamir Saddiqui, M.D.

Acquired data and assisted in procedures related to leukoderma vs. vitiligo and possible treatment of post-operative scars with autologous skin transplantation

3/2020 – 8/2020 EAST Multicenter Trial Principal Investigator

Principal investigator for the Henry Ford Hospital site as a part of the Outcomes Among Trauma Patients with Duodenal Leak Following Primary vs Complex Repair of Duodenal Injuries: An Eastern Association for the Surgery of Trauma Multicenter Trial

### Clinical Activities

## **Quality Improvement**

8/2020 – 7/2021 Fellow Participant

SICU QI Committee, Barnes Jewish Hospital, St. Louis, MO

I developed a QI project related to the expeditious assessment of volume status in patients using point of care ultrasonography.

8/2020 - 7/2021 Fellow Representative

SICU Outcomes Subcommittee, Barnes Jewish Hospital, St. Louis, MO

8/2021 – Present Staff Participant

SICU Collaborative, Henry Ford Hospital, Detroit, MI

9/2022 – Present Co-Investigator, Imaging of Perirectal Abscess in the ER QI Project

Henry Ford Hospital, Detroit, MI

#### Instruction

2021 – Present Instructor, FCCS

Instructor for the Fundamentals of Critical Care Support (FCCS) course provided by the Society of Critical Care Medicine (SCCM).

2022 – Present Instructor, ATLS

Instructor for the Advanced Trauma Life Support (ATLS) course provided by the American Board of Surgery.

## Clinical Volunteering

8/2011 - 5/2013 Volunteer

Co-Curricular Program, WSUSOM, Detroit, MI

Volunteered a minimum of 150 hours in the first two academic years of medical school, participating in mentoring, outreach, and community clinic capacities.

11/2011 – 5/2012 Referrals Co-Chair

Robert R. Frank Student Run Free Clinic, WSUSOM, Detroit, MI

8/2012 – 4/2013 Volunteer

CASS Community Clinic, WSUSOM, Detroit, MI

7/2015 – 6/2017 Surgical Volunteer

Community Health and Social Services (CHASS), Detroit, MI

### **Educational Activities**

## Premedical/Undergraduate Education

2/2022 Invited Speaker WSU Alumni Physician Chat Series, Detroit, MI

2022 – Present Shadowed Surgeon Henry Ford Hospital, Detroit, MI

### **Undergraduate Medical Education**

2015 – 2020 Resident Teacher Henry Ford Hospital, Detroit, MI Supervised and taught medical students during their surgical clerkship

2015 – 2020 Instructor General Surgery Suture Lab, Henry Ford Hospital, Detroit, MI

2/2022 Instructor Medical Student Surgical Clerkship Didactics, Henry Ford Hospital, Detroit, MI

### **Graduate Medical Education**

10/2021, 12/2021 Instructor General Surgery Residency Program Weekly Didactics, Henry Ford Hospital, Detroit, MI

### Advanced Practice Provider Education

6/2022 Instructor, Topics in Acute Care Surgery
Division of Acute Care Surgery APP Continuing Medical Education

# **Organizational Activities**

## **Institutional Administrative Appointments**

1/2012 Student Representative Curriculum Committee, WSUSOM, Detroit, MI

9/2015 – 7/2018 General Surgery Resident Representative Graduate Medical Education Committee (GMEC), Henry Ford Hospital, Detroit, MI

#### Curriculum Vitae

11/2015 - 6/2020 Interviewer

General Surgery Departmental Residency Interviews, Henry Ford Hospital, Detroit, MI

2/2017 - 6/2019 Class Representative

General Surgery Wellness Council, Henry Ford Hospital, Detroit, MI

7/2017 – 6/2020 General Surgery Resident Representative

Clinical Work Hours Subcommittee, Henry Ford Hospital, Detroit, MI

7/2017 – 6/2020 General Surgery Resident Representative

Resuscitation Advisory Committee (RAC), Henry Ford Hospital, Detroit, MI

7/2017 – 6/2020 General Surgery Resident Representative

Institutional Trauma Committee (ITC), Henry Ford Hospital, Detroit, MI

5/2018 – 6/2020 General Surgery Resident Representative

Sentinel Event Review Committee, Henry Ford Hospital, Detroit, MI

6/2018 – 6/2020 Organizer

General Surgery Department Journal Club, Henry Ford Hospital, Detroit, MI

7/2018 – 6/2019 Mobile Platform Consultant

Board of Governors, Henry Ford Medical Group, Detroit, MI

9/2018 – 6/2020 General Surgery Resident Representative

System Surgical Venous Thromboembolism (VTE) Prophylaxis Committee, Henry Ford Hospital, Detroit, MI

10/2018 - 6/2019 Interviewer

WSUSOM Admissions Interview Committee, Detroit, MI

## Professional Society Membership

2018 - 2019	Society of Surgical Oncology (SSO)
2011 – Present	American Medical Association (AMA)
2011 – Present	Michigan State Medical Society (MSMS)
2011 – Present	Wayne County Medical Society (WCMS)
2015 – Present	Detroit Surgical Association (DSA)
2015 – Present	Academy of Surgery Detroit (ASD)
2015 – Present	American College of Surgeons (ACS)
2015 – Present	Michigan Chapter American College of Surgeons (MCACS)
2021 – Present	Surgical Palliative Care Society (SPCS)
2021 – Present	Surgical Infection Society (SIS)
2021 – Present	Chest Wall Injury Society (CWIS)
2021 – Present	Easter Association for the Surgery of Trauma (EAST)

### **Professional Society Involvement**

2022 – 2024 Resident and Associate Society (RAS) Representative Associate Fellow, MCACS

### **Extracurricular Activities**

11/2009 – 12/2010 Founder and President United Pre-Health Student Society, WSU, Detroit, MI

2011 – 2017 Community Volunteer

Organizations: Project H, ReDetroit, "Code Blue," Africans in Medicine WSUSOM Student Organization, Blight Busters, Habitat for Humanity, Alternative Spring Break Detroit

1/2012 – 8/2012 Publicity Executive

Translational Medicine Student Organization, WSUSOM, Detroit, MI

2/2012 – 6/2015 Program Developer

Problem Based Learning (PBL), WSUSOM, Detroit, MI

4/2012 - 4/2013 Coordinator

Surgery Interest Group (SIG), WSUSOM, Detroit, MI

4/2012 – 4/2013 Co-President

Translational Medicine: Innovation Student Organization WSUSOM, Detroit, MI

4/2012 - 6/2015 Mentor

Student Affairs Office, WSUSOM, Detroit, MI

9/2012 Student Representative

Clinical Medicine Faculty Development Session, WSUSOM, Detroit, MI

2/2018 – 6/2019 Participant

High Impact Education Endorsement (HIEE), Henry Ford Hospital, Detroit, MI Completed six, 2-hour sessions where I was trained and thoughtfully on how to expand my skillset in enthusiastic, innovative, collaborative instruction of peers and students.

## Hobbies and Interests

Journaling Exercise

LACICISC

Travel

Tutoring/Mentoring

Community Service

Arts, crafts, and home science projects with

my children

## Languages

English – Fluent, Primary

Russian – Fluent

Spanish – Learner/Beginner