Dr. Banks is a Detroit native, a graduate of University of Detroit High School and Oakland University.

Following graduation from the Wayne State University School of Medicine, he trained in Internal Medicine at Charity Hospital in New Orleans and took additional Pulmonary training at the National Institute for Occupational Safety and Health.

He served as a junior faculty member at Tulane University, Section Chief of Pulmonary and Critical Care Medicine at West Virginia University and then Chair, Department of Medicine at LSU (Shreveport).

He then served in the U.S. Army for four years and spent 8 months deployed to the Bagram Airfield in Afghanistan.

He remains in clinical practice and is a full-time faculty member at the VA Hospital in Orlando, Florida and has an appointment as Professor, University of Central Florida School of Medicine.

He has spent his research career addressing lung disease in workers.