

Lisa Ramos

From: S. Farrow <chhrest@yahoo.com>
Sent: Thursday, October 31, 2019 1:19 AM
To: Lisa Ramos
Cc: Stephen Farrow; Z
Subject: Nomination - WSU SoM Alumni Association Distinguished Alumni Award 2020
Attachments: WSUMSAADSA A Joshua 20191030e 1.pdf; cv A Joshua MD 20191030a1.pdf

Greetings.

Attached please find a letter and cv in support of Alexa Joshua, MD's nomination for the Wayne State Medical School Alumni Association's Distinguished Alumni Award.

Please contact me if you have questions or need further information.

Stephen L. Farrow, MD, MBA-AEC, CPE, FACP

Medical Director, VA Interim Staffing Program^{PG}

Program Manager, VA/HHS PHS Commissioned Corps Medical Officer Partnership

Program Manager, DOD/VA Health Care Staffing Services Acquisition Strategy Partnership

Lead Innovator/Project Manager, SV/Brillians Clinical Decision-Support System



DEPARTMENT OF VETERANS AFFAIRS
Interim Staffing Program
c/o PO Box 4263
Biloxi, MS 38535
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October 30, 2019

Wayne State University School of Medicine
Medical Alumni Association
Office of Alumni Affairs
1369 Scott Hall
540 E. Canfield Avenue
Detroit, MI 48201
medicalalumni@wayne.edu
313.577.3587

Dear Fellow Alumni:


I am delighted to nominate Dr. Alexa Joshua for the Wayne State University Medical Alumni Association's Distinguished Alumni Award. For more than three decades, Dr. Joshua has provided outstanding patient care in Southeastern Michigan, an area that in spite of having significant health care expertise and resources, comprises a large, socioeconomically-vulnerable population. Dr. Joshua has contributed much to the effective care of this population. Her office is accessible, her care expert and compassionate, and her communications with patients **understandable and reassuring**. A physician's physician, Alexa is also a preferred resource for counsel and even intervention for her professional school colleagues. Many of her medical school classmates, I among them, have turned to her for advice and assistance when faced with complex family medical challenges. Alexa's support has made it easier for many in our medical community, myself-included, to continue our own professional contributions.


Dr. Joshua's expertise and generosity are not limited to the medical community and the patients that depend on her. For decades she has worked in volunteer service to the socioeconomically-disenfranchised. Alexa has directly helped to improve the living conditions of marginalized citizens as a volunteer with the corporate-sponsored Paint-the-Town-Detroit program, and as a volunteer physician with the Detroit Public Schools and the Detroit Rescue Mission. But Alexa understands that real progress requires advances in thought, understanding, and belief. Toward this end, she works to maintain formidable logic, debate, and democratic abilities through her longstanding membership in the Michigan and National Association of Parliamentarians. She exercises these executive abilities in policy- and resource-advocacy for the disabled through her directorship of the Arc (Association for Retarded Citizens) of Michigan, and as a strategic resource for STEP (Services to Enhance Potential (job opportunities)), and for People-First of Michigan (promoting independence in decisions and living). She has worked to advance the cause of the disabled through service with Wayne State University's Developmental Disability Institute. Alexa has also applied her considerable leadership skills to help improve the regulatory climate for her professional colleagues. In-part through her efforts, internists in this

country now have a broader array of options to maintain and certify medical skills and knowledge through the American Board of Internal Medicine and related agencies.

When we think of alumni achievement, we are often drawn to the slam-bang excitement of academic, corporate, or governmental accomplishment. Perhaps more-important are those individuals who quietly dedicate themselves to excellent service and support of the community. These often-unrecognized efforts are the foundation on which marquee accomplishments depend. Dr. Alexa Joshua's longstanding, selfless contributions have enhanced the very fabric of our community. Her contributions support our continued advance along medical, academic, and civic lines. In light of her service, I am honored to nominate Alexa Joshua, MD, to receive our Medical Alumni Association's 2020 Distinguished Alumni Award.

Kind Regards,


Stephen L. Farrow, MD, MBA-AEC, CPE, FACP

Medical Director, VA Interim Staffing Program^{PG}
Program Manager, VA/HHS PHS Commissioned Corps Medical Officer Partnership
Program Manager, DOD/VA Health Care Staffing Services Acquisition Strategy
Partnership
Lead Innovator/Project Manager, SV/Brillians Clinical Decision-Support System
 ***LVA Class of 2008...Leadership in Motion!***

Curriculum Vitae

ALEXA JOSHUA, MD

Home: 8200 East Jefferson
Apartment 709
Detroit, MI 48214
Office: 27209 Lahser
Suite 128
Southfield, MI 48034
Mobile: 313 445 1392
Email: alexajsh@gmail.com

Executive Summary

I am a certified Internal Medicine physician in private practice with more than 28 years of medical experience that involves working in several different capacities as a medical professional. My early background included working for the Metro Medical Group providing supervisory and managerial services at one of their multispecialty clinics. My administrative duties included personnel management, payroll, office budgeting, supply management and insurance billing/coding. I continue to attend to medical patients in outpatient office setting and previously also inpatient hospital. I provide medical services to home bound patients with the assistance of a medical assistant through scheduled home visits. I continue to serve patients from many diverse ethnic and cultural backgrounds. I have continued to provide care to the insured; underinsured and uninsured in my private office practice of Internal Medicine. My practice interests include but are not limited to the following: Well/Preventive care; Natural supplements; Diabetes; Hypertension; Heart disease; Obesity; major/minor joint aspiration; minor laceration repair; aspiration of minor dermal cysts/abscesses; and Gynecological /Testicular/Breast screening for cancer. I am a physician dedicated to providing quality, internal medicine care to my patients in the Greater Metropolitan Detroit area.

Education and Training

Bachelor of Science in Biology Wayne State University 1980
{Prepares one for a career in research; health care; dental field; environmental science; bioinformatics and education}

Doctor of Medicine Wayne State University School of Medicine 1986

Transitional Internship Henry Ford Hospital Detroit, MI 1987

Residency in Internal Medicine Henry Ford Hospital Detroit, MI 1989

Board Certification

Diplomat National Board of Medical Examiners 1987

Board-Eligible in Internal Medicine 1989

Alexa Joshua, MD

Diplomat American Board of Internal Medicine 2003-2013

Diplomat American Board of Internal Medicine MOC 2007-2017

Diplomat National Board of Physicians and Surgeons May 11, 2015- May 31, 2021

Medical Licensure

Board of Medicine Physician License State of Michigan June 1989- Jan 31, 2020

Board of Pharmacy Controlled Substance License State of Michigan June 1989- Jan 31, 2020

Controlled Substance Registration Certificate DEA June 1989- Dec 31, 2020

Current Employment

{Founder and President} {Amethyst Medical Offices, PLC (DBA DocRxtor Patience Medical Clinics, PLC)}

January 2000 – Current {Internal Medicine Solo private practice in an office setting and Attending Physician inpatient rounds for my hospitalized patients 2003-January 2018}

Employment Experience

{Attending Physician-part time} {Detroit Community Health Connection}

March 2008 - May 2012

{Attending Physician-part time} {American Indian Health and Family Services/Lawndale clinic}

April 2007 – September 2007

{Attending Physician-part time} {Chart reviewer utilization management} {Total Health Care, Inc.}

2006 – 2009

{Attending Physician-part time} {Park Medical Clinics}

September 2006

{Attending Physician-part time} {Chart Reviewer Utilization Management} {Omni Care TPA, Inc.}

2004-2005

{Attending Physician-part time} {Medical Center Health Care Providers}

May 2003-September 2006

{Leave to form private practice} {Founder Amethyst Medical Offices, PLC DBA DocRxtor Patience Medical Clinics, PLC}

October 1999-January 2000

{Attending Physician-part time} {Wayne County Sheriff Department}

January 1996-October 1999

{Leave to care for sick sister}

February 1995-January 1996

{Physician Manager-full time} {Metro-Medical Group Conner Clinic/HAP}

September 1991- January 1995

{Section-chief Internal Medicine} {Metro-Medical Group/HAP}

September 1990-September 1991

Alexa Joshua, MD

{Attending Physician-full time} {Metro-Medical Group/HAP}

July 1989-January 1995

{Moonlighting Physician-part time} {Henry Ford Hospital Urgent Care Sterling Heights}

August 1988-June 1989

{Moonlighting Physician-part time} {Henry Ford Hospital Urgent Care Fairlane}

August 1988-June 1989

Hospital History

{Physician Membership only} {The Detroit Medical Center; Harper, Sinai-Grace, Detroit Receiving, Hutzel Women's Hospitals, Rehabilitation Institute of Michigan; Managed Care
2018-present

{Attending Physician} {Detroit Receiving Hospital}
2013-2018

{Attending Physician} {Vibra Hospital Southeastern Michigan}
2013-2015

{Attending Physician} {Kindred Hospital formerly Triumph Hospital}
2010-2013

{Attending Physician} {Rehabilitation Institute of Michigan}
2004-2018

{Attending Physician} {Harper University/Hutzel Women's Hospital}
2003-2018

{Attending Physician} {Sinai-Grace Hospital}
2003-2018

{Attending Physician} {Henry Ford Hospital}
1989-1995

Committee Memberships

{Member} Credentialing Committee {Total Health Care} 2003-current

{Member} Utilization Management {Total Health Care} 2003-current

{Member} Quality Improvement {Total Health Care} 2003-current

{Chairperson} Infection Control {Wayne County Sheriff} 1998-1999

{Member} Managed Care College {Metro-Medical Group} 1992-1995

{Member} Credentialing Committee {Metro-Medical Group} 1991-1995

{Member} Utilization Management {Metro-Medical Group} 1991-1995

{Member} Quality Improvement {Metro-Medical Group} 1991-1995

Alexa Joshua, MD

Professional and Society Membership

{Member} National Medical Association 2007-2008

{Member} American College of Physicians 2004-2016

{Member} American Medical Association 2000-2004

{Associate} American College of Physician 1986-1991

Intramural Presentations

"Stroke: An Indication for steroids?"	Henry Ford Hospital	1989
"Hepatic Encephalopathy"	Henry Ford Hospital	1987
"Mechanism of Tissue Damage in Cold Injury"	Henry Ford Hospital	1987

Community Service Related to Professional Work

Coordination of Care- Participant Detroit-Wayne County Community Mental Health Agency 2006-08

Member Michigan Society for Infection Control 1999-2002

Civic Activities

Volunteer, Paint the Town	1988; 1991; 1993; 1995
Volunteer, Summer Physical Examinations	Detroit Public Schools 1989
Member	Board of Directors, Mack Alive 1994-1997
Volunteer, Physical Examinations	Detroit Rescue Missions, 1995
Support person	People First, Birmingham, MI 1999
Support person	Services to Enhance Potential, 2000-2011
Member, Detroit Unit	National Association of Parliamentarians, 2011-present
Participant	Wayne State University Developmental Disability Institute <u>Possibility Series</u> (Video), 2011-2012
Support person	People First/Detroit ARC Detroit, MI, 2012-present

Alexa Joshua, MD

Member	Michigan State Association of Parliamentarians, 2012-present
Member	National Association of Parliamentarians, 2012-present
Volunteer	Silverliner Fantasy Flight Delta Airlines, 2012-2013
Volunteer	American Lung Association Fight for Air Run/Walk, 2013
Support person	Wayne RICC (Regional Interagency Consumer Committee), Washington, DC Capitol Hill, 2013
Volunteer	ADA (American with Disabilities Act) 50th Celebration Detroit, MI BP Screening, 2015
Director	Board of Directors, The Arc (Association for Retarded Citizens) /Michigan, 2019-present

Awards

Volunteer of the Year	The Arc Detroit 64 th Annual Legacy Awards, 2015
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Computer Training

Beginning/Intermediate DOS 6.2	2001
Intermediate/Advance Windows 2000	2001
A+ Certification Training	2001
Network+ Certification Training	2001

Lisa Ramos

From: noreply@wayne.edu
Sent: Thursday, October 31, 2019 1:18 AM
To: Lisa Ramos
Subject: New submission for: Alumni Award Nomination Form

Nominee:

First name: Alexa

Last name: Joshua, MD

Email: alexajsh@gmail.com

Graduation Year: 1986

Specialty: Internal Medicine

Address: 27209 Lahser, Suite 128

Southfield, MI 48034

Home Phone: 313.445.1392

Office Phone: 248.353.0200

Nominator:

First Name: Stephen

Last Name: Farrow, MD, MBA-AEC, CPE, FACP

Email: chhrest@yahoo.com

Graduation Year: 1985

Specialty: Internal Medicine/Endocrinology

Address: PO Box 4263

Biloxi, MS 39535

Home Phone: 313.399.5999

Office Phone: 228.326.4527

Select Nominee Award : Distinguished Alumni Award

