

October 31, 2017

Dear Distinguished Alumni Award Selection Committee,

Dr. Parekh has made this world a kinder and gentler place to live.

I submit this letter of nomination on behalf of Ranna Parekh, MD, MPH who is an alumni of Wayne State University School of Medicine (1992), Children's Hospital of Michigan (Internship, 1993) and Wayne State University (1987, BSc. Biology, BA Chemistry, Co-Major, Black Studies).

Dr. Parekh has a long history of appreciating and understanding cultures. Since graduation from medical school, she has devoted much of her career to clinical medicine, teaching and scholarly work. Guided by a passion for mental health advocacy of the underserved and minorities, she is a leader today in cross cultural psychiatry, mental health disparities, and diversity and inclusion strategy.

From 2007-2014, Dr. Parekh led the diversity agenda for the 800 member Department of Psychiatry at Massachusetts General Hospital/Harvard Medical School. In this role, she transformed the diversity committee to a well recognized Center for Diversity. Her accomplishments resulted in several accolades including three Partners In Excellence awards for teamwork and diversity. She also received the prestigious Harvard Medical School's Harold Amos Award for Diversity. In 2014, she was recruited for a position at the American Psychiatric Association (APA), the world's largest psychiatric membership organization. Today, she is the Director of APA's Division of Diversity and Health Equity and a Deputy Medical Director in the office of the CEO and Medical Director. In addition, she is a clinical affiliate of Massachusetts General Hospital in Boston, Massachusetts and Morehouse School of Medicine in Atlanta, Georgia.

In her current position, Dr. Parekh works alongside the APA leadership to meet the needs of 37,000 members worldwide and to ensure mental health equity for all and especially minority and disadvantaged populations. Dr. Parekh is also the Director and Principle Investigator for the Substance Abuse and Mental Health Services (SAMHSA) Grant supporting the APA's Minority Fellowship and Medical Student Programs. Under her leadership, APA awards over 50 minority residents and 30 minority medical students yearly. Her division works collaboratively with external partners such as federal agencies, state entities, training institutions and communities to enhance the delivery of cultural competent mental health and reduce mental health

disparities. Among programs initiated under her direction include early pipeline programs for populations underrepresented in medicine (URMs), mental health disparities programs and educational resources to aid multidisciplinary mental health providers.

Dr. Parekh is co-author of the e-book Overcoming Prejudice in the Workplace (Harvard Health Publishers, 2012). She is also editor of The Massachusetts General Hospital Textbook on Diversity and Cultural Sensitivity (Springer Publishers, 2013) and co-editor of the textbooks titled Cultural Sensitivity in Child and Adolescent Mental Health (MGH Academy Press, 2016) and Stigma and Prejudice: Touchstones in Understanding Diversity in Health Care (Springer Publishers, 2016). Dr. Parekh has led trainings and lectured nationally and internationally on topics including diversity, cultural psychiatry, mediation, negotiation, child and adolescent psychiatry, substance use and psychopharmacology. In 2016, She was recently an invited to present Grand Rounds at Wayne State University School of Medicine, Department of Psychiatry by Richard Balon, MD.

I recommend Dr. Parekh highly for this distinguished award. As an alum of Wayne State University School of Medicine too, I believe her career success is reflective of the education and inspiration garnered during her decade as a member of the WSU community. This award is a nod to continue her work in the fields of mental health, health care disparities and diversity/inclusion.

Ranna, is an amazing person who has consistently dedicated her life to making the world a better place. I can say that she represents Wayne well both nationally and internationally. Again, I highly recommend Dr. Parekh as an excellent candidate for the distinguished alumni award.

Please do not hesitate to contact me with any questions or concerns.

Respectfully,

Geoffrey Mount Varner, MD, MPH

Class of 1994

## Articles by Ranna Parekh, M.D., M.P.H.

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Ranna Parekh, M.D., M.P.H. is medical director of the Adolescent Dual Diagnosis Residential Treatment Program at McLean Hospital, assistant in psychiatry at Massachusetts General Hospital, and a clinical instructor at Harvard Medical School. Dr. Parekh is a practicing child, adolescent and adult psychiatrist, and has lectured locally and nationally on child and adolescent psychiatry and substance abuse.

## CURRICULUM VITAE

### General Information

**Name:** RANNA PAREKH, MD, MPH

**Office Address:** Director, Division of Diversity and Health Equity  
American Psychiatric Association  
1000 Wilson Blvd., Suite 1825  
Arlington, VA 22209

**Home Address:** 1423 N.Rhodes Street, #301  
Arlington, VA 22209

**Work Phone:** 703-907-8584

**Work E-Mail:** [rparekh@psych.org](mailto:rparekh@psych.org)

**Work Fax:** 703-907-7851

**Place of Birth:** India

**Citizenship:** USA

### Education:

1987	BA/BSc.	Chemistry; Biology Co-major Black Studies	Wayne State University
1988	Certificate	French Language and History	Universite de Bourgogne, Dijon, France
1989	Certificate	Department of Slavic Studies	Jagiellonian University, Krakow, Poland
1992	MD	Medicine	Wayne State University
1997	MPH	Public Health	Department of International Health, Harvard School of Public Health

**Postdoctoral Training:**

06/92-06/93	Intern	Pediatrics	Children's Hospital Detroit, Michigan
06/93-06/96	Resident/	Psychiatry Residency	Massachusetts General Hospital, Harvard Medical School
06/99-06/01	Resident/ Clinical Fellow	Child Psychiatry	MGH/McLean Hospital Harvard Medical School
11/00-03/01	Chief Resident	Child Psychiatry	MGH/McLean Hospital Harvard Medical School

**Academic Appointments:**

2001-2013	Instructor in Psychiatry	Harvard Medical School
2014-2015	Assistant Professor in Psychiatry	Harvard Medical School
2015-present	Consultant Psychiatrist	Massachusetts General Hospital
2016-present	Adjunct Clinical Assistant Professor in Psychiatry	Morehouse School of Medicine

**Appointments at Hospitals/Affiliated Institutions**

*Past*

08/98-11/98	Staff Psychiatrist	Psychiatry	Foote Hospital, Jackson, Michigan
04/99-5/99			
11/98-03/99	Attending Psychiatrist		Rotorua Hospital, Maori Mental Health Rotorua, New Zealand
6/01-09/01	Attending	Psychiatry	Cairns Base Hospital, Cairns, Australia

10/01-06/03	Child Psychiatrist	Adolescent Substance	McLean Hospital Pediatric/Substance Abuse Psychopharmacology
09/01-03/03	Attending	Inpatient and Partial, Adolescent Hospital	Salem Hospital/North Shore Medical Center, Salem, Massachusetts
03/03-11/05	Attending Adolescent and Adult Psychiatrist	Acute Care Psychiatry	Cambridge Health Alliance Cambridge and Somerville Hospitals, Massachusetts
11/05-08/07	Attending Addictions Psychiatrist	Outpatient	West End Addictions Clinic MGH
09/07-10/11	Psychiatrist Adolescent and Adult	Outpatient	Harvard University Health Cambridge, Massachusetts
07/01-12/14	Attending Psychiatrist Dissociative, Addictions, Bipolar and Psychotic Disorders Weekend Rounding		McLean Hospital
11/05-12/14	Attending Psychiatrist Primary Care Psychiatry Women's Health Associates Consultant		Massachusetts General Hospital
11/05-12/14	Assistant Psychiatrist Primary Care Psychiatry		Massachusetts General Hospital
03/11-6/11	Outpatient Psychiatrist		Cognitive Neurology Clinic Latino Mental Health Team Beth Israel Hospital Boston, Massachusetts
05/15-present	Consultant Psychiatrist		Massachusetts General Hospital
04/16-present	Adjunct Clinical Assistant Professor In Psychiatry		Morehouse School of Medicine
09/17-present of Medicine	Adjunct Clinical Assistant Professor in Psychiatry		George Washington School

**Other Professional Positions and Major Visiting Appointments:**

08/94-06/97	Proctor/Academic Advisor	Harvard University
11/98-03/99	Psychiatric Consultant	Rotorua Hospital Maori Mental Health Team, Rotorua, New Zealand
11/98-03/99, 06/01-09/01	Consultant	Global Medical, Inc
6/01-09/01	Adolescent and Adult Psychiatric Consultant	Cairns Base Hospital Cairns, Australia
06/05-2015	Senior Consultant, Lecturer, Facilitator, Executive Coach	Levinson Institute Organizational Consulting and Leadership Development Belmont, Massachusetts
06/06-06/07	Member	Child Mental Health Task Force, Dept of Public Health, Massachusetts
09/07-10/11	Consultant	Harvard University Health Drug and Alcohol Program
06/09	Negotiations Consultant	Cape Cod Hospital Cape Cod, Massachusetts
01/15-present	Director, Division of Diversity and Health Equity	American Psychiatric Association Arlington, Virginia
01/15-present	Director, Minority Fellowship Program Association Foundation, Arlington VA	American Psychiatric

**Editorial Activities**

**Ad Hoc Reviewer**

Psychosomatics

Harvard University Health  
Publishers

American Psychiatric  
Association (APA) Patient  
and Family website

**Other Editorial Activities**

Co-Editor, Co-Creator  
Diversity Blog  
MGH, Psychiatry Department

**Major Administrative Responsibilities**

2001	Director	Medical Student Education Cairns Base Hospital Cairns, Australia
2002-2007	Director Facilitator, Consultant	Watershed Associates, Inc. (Negotiations Consulting Company, clients included Chevron, Chevron Phillips, NASA, Merck, United Negro College Fund, Halliburton) Washington DC
2004	Course Director Consultation-Liaison	Cambridge Hospital
2004	Co-Director Development Course	Cambridge Hospital
2004	Director, Clerkship program	Adolescent Inpatient Unit Cambridge Hospital Child Psychiatry/Brockton Hospital Programs



2006-2007	Interim Medical Director	Intensive Outpatient Program West End Addictions Clinic MGH
2007-2012	Chairperson	Diversity Committee, MGH Psychiatry Department
2012-2014	Director	Center for Diversity Department of Psychiatry MGH
2012-	Medical Director, Adolescent Dual Diagnosis Acute Residential Program	East House McLean Hospital
2012-	Medical Director, The Landing Adolescent Substance Abuse Residential Treatment	East House McLean Hospital
01/15-present	Director, Division of Diversity and Health Equity	American Psychiatric Association (APA) Arlington, Virginia
01/15-present	Director, Minority Fellowship Programs	APA

**Major Committee Assignments:**

1993-	Diversity Committee	MGH Department of Psychiatry
1993-1996	Member	
2005-2012	Member	
2007-2012	Chairperson	
2003-2005	Training and Education Committee Member	Child Psychiatry Division, Cambridge Health Alliance Cambridge, Massachusetts
2007-2014	Disparities Solution Center Member	MGH
2007-2014	Cross Cultural Care Committee	Harvard Medical School

Member

2011-2014	Diversity Leaders Committee	MGH
2012-2014	Management Team Adolescent Acute Residential Programs	McLean Hospital
2012-2014	Executive Training Committee Child/Adolescent Fellowship Program	MGH-McLean Hospitals
2014	MGH Hospital Diversity Committee	MGH

**Professional Societies:**

1988-1992 2015-present	National Medical Association Member
1988-1992 2015-present	American Medical Association Member
1993-1996	Indian Medical Association Member
1996-2001	World Federation of Mental Health Member
2006-2011 2014-present	American Psychiatric Association Member
1999- 2015-present 2001-2004	American Academy of Child and Adolescent Psychiatry Member Member, International Affairs Committee
2006, 2013-2015	American Academy of Addictions Psychiatry Member
2015-present	National Medical Association, Member

**Awards and Honors:**

1983-1987	Full Merit Scholarship	Wayne State University Detroit, Michigan
1985-1987	Minority Biomedical Research Grant	Physiology Department, Wayne State University School of Medicine, Detroit, Michigan
1987-1988	Rotary International Graduate Scholarship	Rotary International
1987	Phi Beta Kappa	
1987	Howard Donnelly Award, Most Outstanding Female Graduate	Wayne State University Detroit, Michigan
1987	Certificate of Academic Excellence	Michigan Association of Governing Boards of Colleges and Universities
2000	Presidential Scholar	American Academy of Child/ Adolescent Psychiatry
2007	Partners in Excellence Award	Massachusetts General Hosp
2009	Partners in Excellence Award	Massachusetts General Hosp
2011	Partners in Excellence Award	Massachusetts General Hosp
2015	Harold Amos Diversity Award	Harvard Medical School
2017	Distinguished Fellow	American Psychiatric Association

**Report of Local Teaching and Training**

**Local Contributions:**

*Harvard College*

1994-1997, 2007-2012      College Mental Health, Substance Use  
Lecturer

5 hours/year

*Cambridge Health Alliance*

2002      Dual Diagnoses, Substance Abuse in Adolescents  
Consultation-Liaison to Pediatricians

	Child Psychiatry Fellows/Lecturer	3 hours/year
2003-2005	Adolescent Development and Addictions PGY 3 residents/Lecturer	3 hours/week
2003- 2005	Mock Boards Examiner Child and Adolescent Psychiatry Fellows	2 hours/week
2004-2005	Summer Intensive, Assessing Children and Adolescents PGY2 Residents/Lecturer	3 hours/year
2004-2005	Case Discussant, Psychiatric Emergency Services Lecturer	5 hours/year
<i>Harvard Consolidated Child and Adolescent Psychiatry Fellowship Seminar</i>		
2002-	Adolescent Addictions Module Lecturer	3 hours/year
<i>Harvard Medical School</i>		
2002-2007	Objective Structured Clinical Exam Examiner	3 hours/year
2004-2005	Adolescent Substance Abuse Tutorial (at CHA) Lecturer	3 hours/year
2004-2005	Physician in the Community Lecturer, Tutor	1 hour/month
2007-2011	Multicultural Education/Cross Cultural Committee Lecturer/Facilitator	3 hours/year
<i>Harvard Law School</i>		
2010- 2014	Diversity Issues in Mediation Lecturer/Facilitator	3 hours/year
<i>Massachusetts General Hospital</i>		
2005- 2012	Residency	Lecturer
2005-2010	Resident conf,Blake 11 inpatient psychiatry unit Case Discussant	1 hour/year

2002-2010	Resident conference, Lindemann inpatient unit Case Discussant		1 hour/year
2006-2007	West End Addictions Clinic Medical Students, Lecturer		1 hour/month
2006-present	Primary Care Psychiatry Module PGY1 Medicine Residents/Lecturer		8 hours/month

**Clinical Supervisory and Training Responsibilities**

1994-1997	Freshman Academic Advisor	Harvard University	5 hours/week
1998-1999	Supervision of Residents	Rotorua, New Zealand	1 hour/day
2001	Supervision of medical students	Cairns, Australia	4 hours/week
2003-2004	Supervision Second Year Child Psychiatry fellows	Cambridge Health Alliance Adolescent Inpatient Unit	2 fellows/year 2 hours/week
2003-2005	Supervision of PGY 2 psychiatry residents	Cambridge Health Alliance Inpatient Unit	3 resident/year 1 hour/week
2004-2005	Supervision First Year Child Psychiatry fellows	Cambridge Health Alliance Adolescent Inpatient Unit	2 fellow/year 2 hours/week
2005-2007	Supervision of elective medical students/adult residents	MGH West End Addictions	1 hour/week
2008- 2009	Psychopharmacology Supervision; 2 Nurse Practitioners	Harvard University Health Services	1 hour/week
2008-2012	Psychopharmacology supervision of PGY 3 residents	MGH	1 hour/week
2012-	Supervision of Child Psychiatry Fellow	McLean Hospital	2 hours/week

**Formally Supervised Trainees:**

- 2007-2009 Shirin Ali, MD, Assistant Professor of Psychiatry, Columbia University School of Medicine  
Psychiatry Diversity Committee Resident Member. Supervised Dr. Ali in creating Diversity Committee Annual Spring Speaker Series
- 2008-2010 Gina Duncan, MD, Psychiatrist, South Carolina. Psychiatry Diversity Committee Resident Member, supervised Dr. Duncan in chairing subcommittee on educational speaker forums.
- 2008-2010 Imad Melhem, MD, Director, Child and Adolescent Residential Services Foxrun Center for Children and Adolescents  
Vice President, Neurobehavioral Medicine Consultants, Inc. Saint-Claireville, Ohio. Supervised. Supervised Dr. Melhem around Diversity Committee projects related to Child Psychiatry Fellowship.
- 2009-present Nicole Christian, MD, Child Psychiatry Fellow in MGH-McLean Hospital Program. Supervising her role in Diversity Committee/Center around workforce diversity issues including recruitment of Under-represented minority medical students.
- 2009-present Lazaro Zayas, MD, PGY 4 psychiatry resident; Supervising his role in Diversity Committee/Center around workforce diversity issues including recruitment of Under-represented minority medical students.
- 2009-2010 Andrea Spencer, MD, Psychopharmacology supervisee. Currently, PGY 5 Child Psychiatry Fellow, MGH-McLean Hospital
- 2010-2012 Rohit Chandra, MD, Child Psychiatrist, MGH Chelsea. Supervised Dr. Chandra around Diversity Committee projects related to Child Psychiatry Fellowship and Diversity Training Programs.
- 2010-2012 Uche Okoli, MD, Child Psychiatrist, MGH Chelsea. Supervised Dr. Okoli around Diversity Committee projects related to Child Psychiatry Fellowship.
- 2010-2011 Emily Mukerji, MD, Psychopharmacology supervisee. Currently, a PGY 5 MGH-McLean psychiatry resident
- 2011-2012 Elizabeth Levey, MD, Psychopharmacology supervisee. Currently, a PGY 5 MGH-McLean psychiatry resident.

**Local Invited Presentations**

2003, 2004	“Adolescent Substance Abuse” Awesome Adolescents Conference McLean Hospital, Belmont, Massachusetts	Presentation
2002	“Adolescent Substance Abuse and Treatment,” Primary Care Pediatric Conference MGH, Cambridge, Massachusetts	Presentation
2005	“Mentorship in Medicine” Harvard Medical School	Presentation/ Panel
2005	“Opiate and Oxycontin Use in Everett.” Everett, Massachusetts	Presentation/ Panel
2007	“Treatment of Addictions” 4 <sup>th</sup> Annual Spring Symposium on Mental Health and Wellness Psychiatry Academy Massachusetts General Hospital	Presentation
2011	“Department of Psychiatry, Diversity Committee.” MGH Diversity Committee	Presentation
2011	“Psychiatry Department’s Diversity Agenda” Department of Neurology Diversity Committee MGH	Presentation
2011	“Diversity Action Plan. Department of Psychiatry,” General Executive Council MGH	Presentation
2012	“Diversity Dialogue: Exploring Bias and Microaggressions, Grand Rounds Franciscan Childrens Hospital Brighton, MA	Presentation
2013	“Microaggressions,”	Presentation

Grand Rounds,  
Harvard University Mental Health Services  
Cambridge, MA

November, 2014 "Microaggressions: Understanding Bias and Unconscious Bias"  
McLean Anxiety Mastery Program  
McLean Hospital  
Belmont, Massachusetts

November, 2014 "Youth and Adolescent Psychological Wellness"  
Chinmaya Mission  
Andover, Massachusetts

**Regional, National, and International Contributions:**

*Regional*

2003	"Adolescent Substance Abuse Screens" Institute of Psychiatric Services Boston, MA	Presentation
2003	"Adolescent Substance Abuse and Treatment," Massachusetts Psychiatric Society, Wellesley, Massachusetts	Presentation
2005	Colloquium on Muslim Women Massachusetts School for Psychology, West Roxbury, Massachusetts	Speaker Discussant
2011	"Diversity Training in College Health Services" 11 <sup>th</sup> Annual Diversity Challenge Boston College, Boston	Presenter
2011, 2012	Diversity Issues in Mediation American Bar Association/Family Mediation Section Advanced Family Mediation Training Boston, Massachusetts (Boston Law Collaborative)	Discussant/ Facilitator
2013	"Exploring the Crossroads of Diversity and Psychological Issues in Negotiations,"	Discussant



Boston Law Collaborative, LLC  
Boston, Massachusetts

2014 "Brain Matters: Ways Neuroscience Informs Mediation"  
Co-presenter, Key Note Speaker  
Massachusetts Council on Family Mediation, Inc  
13<sup>th</sup> Annual Family Mediation Institute  
Wellesley, Massachusetts

*National*

- 2009 "Negotiations in Leadership" Speaker  
Faculty Development Grand Rounds,  
Texas A & M School of Medicine, Temple, Texas  
(Texas A & M, Graduate School of Education)
- 2009 "Negotiations for 21<sup>st</sup> Century  
Physicians," Presentation  
National Medical Association Annual Meeting,  
Las Vegas, Nevada
- 2010 "Collaborative Negotiations: Career Challenges  
for Mid/Senior Level Physicians," Presentation  
American Neurological Association, Faculty Development Course,  
Boston, Massachusetts  
(American Neurological Association)
- 2014 "Microaggressions: Understanding and Overcoming Prejudice in the  
Workplace." American Psychiatry Association Minority Fellowship Program, Presentation  
American Psychiatric Association Annual Meeting  
New York City, New York
- October, 2014 "Microaggressions" Presentation  
American Psychiatry Association Minority Fellowship Program  
Institute for Psychitric Services  
San Francisco, CA
- April, 2015 "Microaggressions: Understanding and Overcoming Prejudice in the  
Workplace." Boston University Department of Psychiatry Grand Rounds,  
Boston, MA
- May, 2015 "Understanding Unconscious Bias and Its Role in Mediation," Presentation

- Massachusetts Council on Family Mediation  
Wellsley, MA
- October, 2015      “APA Policies on Diversity and Health Equity,”  
Indo-American Psychiatric Association  
Fall Meeting  
Raleigh, NC
- November, 2015    “Cultural Competence Principles in Achieving Equity in Mental  
Healthcare,” 18<sup>th</sup> Annual HIV Symposium, Vanderbilt University,  
Nashville, TN
- November, 2015    “Cultural Competence Principles in Achieving Equity in Mental  
Healthcare,” Wayne State University School of Medicine. Department of  
Psychiatry Grand Rounds  
Detroit, MI
- January, 2016      “Workforce Diversity: Recruitment, Retention, Mentorship and  
Sponsorship,” South Carolina Psychiatric Association. Columbia, South  
Carolina.
- May, 2016          “Addressing Diversity in Psychiatry Training: Our Past, Present and Future With  
Diversity Systemic/Academic Strategic Initiatives,” Workshop, American  
Psychiatric Association Annual Meeting, Atlanta, Georgia
- May, 2016          “International Medical Graduates: Reflections on Cross Cultural Training and  
Learning,” Workshop, American Psychiatric Association Annual Meeting,  
Atlanta, Georgia
- May, 2016          “Educational Seminar on Psychiatric Training: Differential Attainment,”  
American Psychiatric Association Annual Meeting, Atlanta, Georgia
- September, 2016    “Cultural Competence Principles in Mental Health,” Southern Wisconsin  
Conference on Mental Health, Beloit, Wisconsin
- September, 2016    “Microaggressions: Overcoming Prejudice in the Workplace,”  
Yale Child Study Center, Grand Rounds  
New Haven, CT
- Nov, 2016           “Eradicating Microaggressions and the Marginalization of Women,  
Minorities, and Individuals with Disabilities in your Workplace,” Harvard  
Medical School Career Advancement and Leadership Skills for Women in  
Healthcare Conference  
Boston, MA

Nov, 2016	“Microaggressions and Microaffirmations in Understanding Women and Mental Health,” Illinois Psychiatric District Branch Chicago, ILL	
Dec, 2016	“Microaggressions: Understanding and Overcoming Prejudice in the Workplace,” Coney Island Hospital Grand Rounds Brooklyn, NY	
March, 2017	“Cultural Competence Principles in Achieving Equity in Mental Health Care,” Brockton VA Hospital Grand Rounds, Brockton, MA	
March, 2017	“Microaggressions: Understanding and Overcoming Prejudice in the Workplace,” Morehouse School of Medicine Psychiatry Department Grand Rounds, Atlanta, Georgia	
May, 2017	“Culture Is Psychiatry: Challenges and Opportunities in Teaching About Sociocultural Issues in Residency Training,” American Psychiatric Association Annual Meeting, San Diego, CA	
May, 2017	“The Role of Education on Cross-Cultural Psychiatry,” American Psychiatric Association Annual Meeting, San Diego, CA	
June, 2017	“Unconscious Bias and Microaggressions,” Volunteer State Medical Association Regional III/National Medical Association Annual Convention, Memphis, TN	
Sept, 2017	“Eradicating Microaggression in your Workplace,” Women in Medicine and Science Committee, Tufts School of Medicine, Boston, MA	
<i>International</i> 1999	“Diagnostic Assessment and Treatment on Inpatient Units,” Rotorua, New Zealand	Presentation
2000	“Assessment of Child and Adolescent Psychiatric Disorders,” Cairns, Australia	Presentation
2016	“Ethical Considerations in Child and Adolescent Psychiatry,” Annual National Conference of Indian Psychiatric Society,	Presentation

Bhopal, India

**Report of Clinical Activities and Innovations**

**Licensure and Certification:**

Year	Type of License or Certification
1997-current	Massachusetts Medical License
2016-	District of Columbia Medical License
2001-2021	Diplomate of the American Board of Psychiatry and Neurology
2002-current	Diplomate of the American Board of Child and Adolescent Psychiatry
2005-2015	Buprenorphine Waiver
2008-2014	Harvard Mediation Program, Mediator's certificate

**Practice Activities:**

2001-2003	Inpatient clinic	Inpatient Adolescent Partial Hospitalization Program, North Shore Medical Center/ Harvard Medical School, Salem, Massachusetts	40 hours/week
2003	Inpatient clinic	Inpatient Adult Psychiatrist, Cambridge Health Alliance/ Harvard Medical School	40 hours/week
2004-2005	Inpatient clinic	Inpatient Adolescent Psychiatric Program, Cambridge Health Alliance/Harvard Medical School	40 hours/week
2005-2007	Outpatient clinic	West End Addictions Clinic, Massachusetts General Hospital/ Harvard Medical School	20 hours/week
2005-	Outpatient clinic	Primary Care Psychiatry, Massachusetts General Hospital/ Harvard Medical School	20 hours/week
2007-2011	Outpatient clinic	Harvard University Health Services/ Cambridge, Massachusetts	20 hours/week

2012- Acute Residential Care The Landing/Acute Residential Adolescent Dual Diagnosis McLean Hospital 30 hours/week

**Report Of Education of Patients and Service to the Community**

1994-1997,

2007-2011 Lecturer

Harvard University  
Lectured to Harvard undergraduates on depression and substance abuse.

2000-2010 Lecturer

Rotary Clubs  
Lectured to Rotary clubs about mental and preventative health.

2003-2005 Lecturer

Cambridge Health Alliance Communities  
Lectured and held workshops to Cambridge Health Alliance communities on adolescents addictions.

2011 "Marijuana Facts and Myths"

Peer and Parent Webinar training.

2011

Diversity Training to Harvard University Mental Health Service, Co-organizer and facilitator

2011

Diversity Training to MGH Psychiatry Residents,  
Co-organizer and facilitator

2012

Diversity Training,  
Tufts Medical School,  
Co-organizer and facilitator

**Report of Scholarship**

**Publications**

**Peer Reviewed Publications in print or other media**

1. **Parekh R**, Beresin E. "Looking for Love? Take a Cross-Cultural Walk Through the Personals," Acad Psychiatry, 2001; 25(4): 223-233.
2. Padilla A, **Parekh R**, "The Complicated Journey of a Family," Patient Management Exercise, American Psychiatric Association FOCUS, Fall 2015, 13 (4): 448-450

3. Lokko H, Chen J, **Parekh R**, Stern T, "Racial and Ethnic Diversity in the US Psychiatric Workforce: A Perspective and Recommendations," *Acad Psychiatry*, July 2016
4. Sidhu N, Patel S, **Parekh R**, "A Young Male With Anxiety: The Interplay of Cultural and Social Factors and Their Impact on Treatment," *Patient Management Exercise. American Psychiatric Association FOCUS*, 2017, 15 (2):190-193
5. Padilla A, Patel S, **Parekh R**. Treating Post-traumatic Stress Disorder (PTSD) in Primary Care," *Patient Management Exercise, American Psychiatric Association FOCUS Summer* 2017; 15 (3): 316-318

Non-peer reviewed scientific or medical publications/materials in print or other media  
*Reviews, Chapters, and Editorials:*

1. **Parekh R**, "Adolescent Alcohol and Drug Use," *drkingsoffice.com* website, December, 2003
2. **Parekh R**, "Inhalants," *Just the Facts: Psychiatry Recertification*, Albucher, R. Editor, McGraw-Hill, New York, 2008: 35-37.
3. **Parekh R**, "Opiates," *Just the Facts: Psychiatry Recertification*. Albucher, R., Editor, McGraw-Hill, New York, 2008: 31-33.
4. **Parekh R**, "Nicotine," *Just the Facts: Psychiatry Recertification*, Albucher, R., Editor, McGraw-Hill, New York, 2008: 30-31.
5. **Parekh R**, "Sedatives-Hypnotics," *Just the Facts: Psychiatry Recertification*. Albucher, R., Editor, McGraw-Hill, New York, 2008: 33-35.
6. Sharon E, Emmerich A, **Parekh R**. "The Diversity Dialogues." *The Massachusetts General Hospital Textbook on Diversity and Cultural Sensitivity in Mental Health*, Parekh R, Editor, Rosenbaum J, Series Editor, Springer Publishers, December, 2013.
7. Jimenez A, **Parekh R**, "Family Therapy, " *Cultural Sensitivity in Child and Adolescent Mental Health*, Parekh R, Gorrindo T, Rubin D, Editors, Massachusetts General Hospital Academy Press, December, 2015.

**E-Book**

**Parekh R**, Bell C, Weintraub K, Overcoming Prejudice in the Workplace, Editor, Harvard Health Publishers, Boston, 2012.

**Edited Textbooks:**

The Massachusetts General Hospital Textbook on Diversity and Cultural Sensitivity in Mental Health, **Parekh R**, Editor, Rosenbaum J, Series Editor, Springer Publishers, December, 2013.

Cultural Sensitivity in Child and Adolescent Mental Health, **Parekh R**, Gorrindo, T, Rubin D, Editors, The Massachusetts General Hospital Psychiatry Academy Press, 2016

Stigma and Prejudice: Touchstones in Understanding Diversity in Healthcare. **Parekh R**, Childs, E, Rosenbaum J, Series Editor, Springer Publishers, 2016

**Thesis**

*Abstracts, Poster Presentations and Exhibits Presented at Professional Meetings:*

1. **Parekh R.**, Chandra R, Small P..” Creating a Center for Diversity Within the MGH Department of Psychiatry.” Mysell Research Day, HMS, Boston, 2012.
2. Chandra R, Small P, Sharon E, **Parekh R.** “Diversity Training.” Mysell Research Day, HMS, Boston, 2012.
3. Sharon E, **Parekh R**, Chandra R, Small P, Yeung A, Henderson D. “Diversity Demographic Survey of the Psychiatry Department of MGH.” Mysell Research Day, HMS, Boston, 2012.
4. Kuriakose S., Auerbach R, Sternberg A., Feinberg J., **Parekh, R.**, Rodolico J., Kaplan C., Gold J., Greenfield S.F., Busch A., & Boger K. (April, 2013). *Standard versus Extended Residential Treatment for Dually Diagnosed Adolescents*. Poster accepted for the annual Harvard Medical School Department of Psychiatry Mysell Lecture and Research Day.
5. **Parekh R.**, Stein E, Martowski J, Boger K, Sternberg A, Feinberg J, Rodolico J. (April, 2013). *The Feasibility of Using Autobiographical Narratives in Adolescent Dual Diagnosis Residential Treatment*. Poster accepted for the annual Harvard Medical School Department of Psychiatry Mysell Lecture and Research Day.
6. Boger K, Martowski J, Stein E, Feinberg J, Sternberg A, Rodolico J., & **Parekh R.** (April, 2013). *Cue Exposure Therapy plus Coping Skills Training: Case Study of a Dually Diagnosed Adolescent in Residential Treatment*. Poster accepted for the annual Harvard Medical School Department of Psychiatry Mysell Lecture and Research Day.

**Blogs Posts:**

1. "Marijuana: Facts and Myths." The Massachusetts General Hospital Clay Center, October, 2013
2. "Black History Month: African Americans and Mental Health." Healthy Minds Healthy Lives, American Psychiatric Association, February, 2015
3. "Racism, Discrimination and Microaggressions." Healthy Minds Healthy Lives, American Psychiatric Association, June, 2015
4. "Human Trafficking: Modern Day Slavery." Healthy Minds Healthy Lives, American Psychiatric Association, July, 2015
5. "Diversity, Culture and Mental Health." Healthy Minds Healthy Lives, American Psychiatric Association, July, 2015
6. "Diversity Mental Health Month: Cultural Competency Key to Better Outcomes." American Psychiatric Association, July 2016
7. "Bereavement: A Process of Saying Good-bye." American Psychiatric Association, October 2016



